

CoDA Intergroup March 16, 2019

Location Richfield Lutheran Church

Meeting opened at 10:13am with Opening Prayer

23 pp attended, representing 11 groups, 3 officers present

Welcome and Introductions

January Minutes – approved

Announcements: Please Approach group officers before starting or disbanding a meeting

Motion to support new groups with start up funds, \$150 each for Plymouth (A New Hope) and Lake Elmo. Motion passed.

Band -

- Demonstration and tutorials with troubleshooting
- Many documents posted on Band such as:
 - meeting handbook
 - business meeting template
 - group inventory form
- Report inappropriate activity on Band to Roxanne

7th Tradition to Richfield group

Treasurer report: We have \$4434 in our account as of March 1st. We took in \$205 from groups and \$25 in literature sales. We spent \$448 for our MinnCoDA insurance policy. If your group or committee needs a certificate from State Farm, contact Roxanne for the info.

Healthy Meetings

- “Healthy Meetings Matter” and “Experiences With Crosstalk” brochures from CoDA World available and distributed to each rep
 - small group discussion on experiences with crosstalk (5 minutes)
 - handout group inventory suggestions “preparing for group inventory”
 - importance of having regular business meetings
 - large group sharing about crosstalk – excessive head-nodding, too much positivity vs being neutral, hugging without permission, offering tissues, unsolicited advice after sharing
 - Suggestion to raise issues at business meeting and agree on a guide to sharing and if your group breaks into small groups for sharing to discuss guidelines to ensure safety for all within that sharing

Donating to CoDA World – Clarification on donating to MinnCoDA and CoDA World, prefer donations from groups to our Intergroup and Intergroup will then donate to CoDA World annually

Mail donations to MinnCoDA at: 12112 92nd Ave N Maple Grove MN 55327

Or PayPal at: [PayPal.me/MinnCoDA](https://www.paypal.com/US/mynonprofit/MinnCoDA)

Committee Progress Reports

—spring retreat registration open

– bylaws – no update

– Fun – picnic July 20 in Hopkins at Burnes Park

- Outreach – no rep present
 - Hospitals/Institutions – no meeting yet
 - Mini Conference – Fall 2019
- May 18 Intergroup meeting – need host
Closing prayer
Adjourned at 11:15 am